



Scores Running Club Newsletter



Weekly Club Runs

Tuesday's 5:30 pm

Scores Sports Bar & Grille

82 Main Street Keene, NH 03431

We've got some hardy souls! Despite the dark, our Tuesday night runs are still attracting 20+ weekly runners. Grab your headlamp and come on down!

Upcoming Races & Club/Board Meetings

November

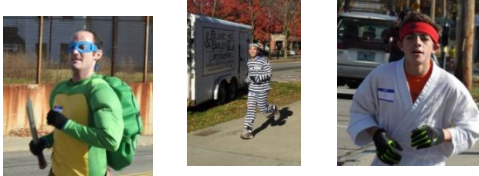
- Board Meeting 11/24 7pm
- Wobble Gobble—Thanksgiving (11/26) 4 miles 9am @ Keene Rec. Center

December

- Santa Claus Shuffle 5k 12/5 3pm Manchester, NH
- Ugly Sweater Fun Run Saturday 12/12 9:30am at Scores Bar & Grille NO REGISTRATION FEE - Donate Non-Perishables
- Holiday Pot-Luck Party @ Anne's house after Tuesday 12/15th club run.
- Board Meeting 12/29 7pm

January

- Peanutbutter Chip Chase 5k - 1/1/2016 12pm Temple Town Hall
- Club Meeting Thursday 1/7 7pm @ Scores - Board Nominations
- Board Meeting 1/26 7pm



November 2015



Hello SRC members,

It has been a fabulous fall season (and on it goes!) for the club. The Harpoon road trip, the Halloween Run, Stuart and Johns, and the Hurricane Road brunch have provided some great opportunities to connect with other club members, and the Tuesday runs are maintaining numbers despite the dark. As you'll see as you read this newsletter, lots more things are planned and I know I can speak for the board when I express my gratitude for all those who have been a part of this first year of the SRC.

Save the Dates: This winter's open club meetings will be the most important ones of the year. On January 7th we'll nominate candidates for the 2016 Board of Directors. February 4th will be the Annual Election Meeting and introduction of the new Board. We hope you'll set those two evenings aside and be a part of the process!

Recently we circulated a survey, which has now been completed by about half of the club, and I'd like to share a few member preferences that will shape our priorities going forward:

A Holiday Party is announced below. Creating our own race drew high marks and two committees are already working - one a trail race and another on a road race. Marathon Training groups (for long runs) are also a priority, and we'll take advantage of the Saturday and Sunday morning groups that already meet in Keene. Many members voiced a desire for some free, member-led speed workouts, and that will be on the table for spring. Hosted and Theme runs have been really successful and will continue through the winter, as will road trips to races.

It's all happening because YOU, the members are showing up and in many cases taking the initiative to make things happen. The dream of a "real" running club here in Keene is a reality!

Be safe out there, and I hope to see you all at an upcoming event!

Scores Running Club President - Ed Liebfried

Club Members Race

Accomplishments!

- **Maggie Ramos** NYC Marathon
11/1/2015 Time - 4:28:21 Pace 10:15



Welcome New Members!

Ev Hosking Keene, NH
Nick Germana Keene, NH
Jessica Marlier, Westminster, VT



Holiday Party



Who: Scores Running Club Members

What: Holiday Potluck Party after SRC Run

When: Tuesday December 15th after SRC Run (Approximately 7pm)

Where: Ann's House - 16 Grant Street Keene, NH

Join us for a fun holiday get together at Ann's house. The party will take place after Tuesday December 15th run. Ann will be providing the main course. It will be a potluck dinner so bring something yummy to share. We will be doing a Yankee Swap bring something under \$10 'that no runner can do without'. The evening is sure to be a blast! **Please RSVP by Friday 12/11 to scoresrunningclub@gmail.com** (So Ann can plan)

Ugly Sweater Fun Run and Food Drive

Saturday December 12th
10:00am at Scores Bar & Grille
3 Mile Fun Run



Join us and wear your 'ugliest' holiday sweater and lace up your running shoes! There will be a holiday prize for the 'ugliest' sweater. **No Registration Fee - We ask that you bring a non-perishable item and/or a small donation; all proceeds will benefit the Keene Community Kitchen.** Bring some holiday goodies to share. This is a fun way to give back to the community.

Online Store is up & running check it out at
scoresrunningclub.org

Recent Events

20 Members gathered at last Sunday to run the hills of Hurricane Road. Many thanks to John & Audrey Lucey for hosting and providing a fabulous brunch!

Reach the Beach

As a club, we would like to put together a group of people to complete Reach the Beach. The race takes place on September 16th & 17th. We need to assemble a team by the end of March. If you are interested, please email scoresrunningclub@gmail.com

How to join

Join us for a regular Tuesday night club run and request a registration form (Cost \$35—Adult \$20 Youth). Or Log onto www.scoresrunningclub.org on the main page click "join us".



CLUB BENEFITS

- Meeting, running, racing, and socializing with a great group of people!
- Group runs at a variety of paces and distances
- Additional group runs and events
- Coaching Opportunities
- Members receive a Scores Running Club **Tee-shirt** or **Racing Singlet**
- Members receive a \$10 Gift Card at Ted's Shoe & Sport upon joining
- Members receive a 10% off discount at Ted's Shoe & Sport
- Monthly Club Meetings - Variety of topics
- Members receive discounted food and drinks at Scores Bar & Grille



Scores Running Club

Email—scoresrunningclub@gmail.com

Website -www.scoresrunningclub.org

Contact Person—Ed Liebfried, Club President

Phone—(971)-344-8730

Mailing Address— P.O. Box #793 Keene, NH 03431

Board Contacts:

President: Ed Liebfried

ed.liebfried@gmail.com - 971-344-8730 (C)

Vice President: Position Vacant

Treasurer: Michelle Gaffney

meshell1027@aol.com

Secretary & Webmaster: Sarah Titus

stitus4@gmail.com

Community Affairs: Brad Smedley

bsmedley.bs@gmail.com

Logistics & Trail Running Chris Casey

montrroller@aol.com

Apparel Coordinator Susanne Olson

suz69kris97@yahoo.com

Board Appointed Positions:

Newsletter Editor Andrea MacMurray

andrea.macmurray@myfairpoint.net

MEMBERSHIP

All ages and abilities are welcomed.

\$35.00 **Lifetime Membership** Fee. Includes choice of SRC Club Racing Singlet or Tee-shirt.

\$20.00 (Youth -- 17 and under). Includes choice of SRC Club Racing Singlet or Tee-shirt. (Family discounts available)

