



December 2016

Weekly runs Tuesday 5:30pm @ Scores

Upcoming Races & Club/Board Meetings

January

- SRC Member Hosted Event @ Eric's House 1/1/2017 11:30 See below for further details
- Peanutbutter Chip Chase 5k 1/1/2017 Temple, NH

June

- Newport 10 Miler – 6/4/2017 7:30am Newport, RI (Sign-up info below)

July

- 4 on the 4th – 7/4/2017 8:30am

August

- Reykjavik Marathon, Half, 10k - 8/19/2017 - Iceland



Do you know of someone who wants to be on the board or would you?!

Email us at scoresrunningclub@gmail.com

Letter from the President

Happy New Year!

And what a happy year it has been! Runs and races, smiles and miles.

I know you are all faithful readers of our club newsletter so I will be brief in a recap of 2016 – To name only a few memories: New Year's Peanut Butter Chip Run, Red Cap Run, St Patrick's Day Race, Eastern States 20 Miler, Scrambled Egg Run, Boston Marathon, Drummer Hill Trail Races, Mount Washington, Newts Hell Hill Run, Ididarun 4on the 4th, Hawaiian Shirt Run, Ocean Park (ME) 5k, Marina Run/Brunch, Elijah's Race, Reach the Beach, The Demar Half and Full races, Ghost Train, Manchester NH Half, Hamster Wheel, Wobble Gobble/Cranberry Run ending with the beautifully Ugly Sweater Run!

Now 2017 looks to be another busy year of running. Thanks to Facebook, I've seen the registrations already start to show up for halves, fulls, relays and epic trail ultra-races. In 2016, we have had members span the globe from Alaska, to Florida to London. Where on earth will we run in 2017?

2017 will start-off with bang as we will hold our annual club meetings that will include our 2016 club member awards and 2017 annual board elections. Also exciting in 2017 will be the awarding of our first SRC Youth Scholarships. Thanks to the hard work of our board and race committees obtaining sponsorships, directing the DHTR races and a few fun runs including the Team Demar Runners, we will be awarding four SRC youth scholarships totaling \$2,000! Also, 2017 looks to be another big jump for SRC with the introduction of our 2nd hosted race - our very own Stone Arch Bridge 10 Mile race on October 28!

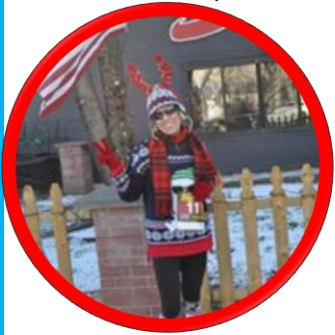
Based on our 2016 accomplishments, and goals for 2017, you can see we are a club of 'doers' So, no rest for SRC in 2017!

New Year, new sign off –

“Go Run, Have Fun, and Repeat!”

2nd Annual Ugly Sweater Run

This year we were not fortunate enough to have warm temperatures for the Annual Ugly Sweater Run, but we were fortunate enough to have many participants! We were able to raise over 560 pounds of much needed food as well as over \$230 in cash donations for The Community Kitchen. Despite the frigid temperatures, the event was a big success and smiles and laughter were witnessed running and walking around the streets of Keene. Our participants and especially our prize winners were very impressed with the generous and tasty gifts! It is very rewarding for our club to do what we can to help our community.



Scores Running Club - Hosted Event

First Run of the Year w/SRC!

Join fellow club members at Eric and Jessica Shannon's house at 78 Union Street in Peterborough, NH. Gather around 11:30AM and plan to run around noon. There will be route options ranging from 3-11 miles. Afterwards meet back at the house for food, refreshments, and a grand old time! Those of you running the Peanut Butter Chip Chase in Temple are welcome to join us after the race as well.

Often GPS will not bring you to the right place...so once you are entering Peterborough take a left on Union street, follow it until you see Adam's playground (please park here at the park), the condo is across the street, second one on the left.

RSVP to Eric at ESHANNONDL@GMAIL.COM

Custom Screen Printing for SRC Members is now available at Bulldog!

Members can bring items of their choice into Bulldog and for a small fee they will screen-print the SCORES logo onto your item.

The Club State vinyl logo can be added to any of your own clothing just \$15. The smaller Club Banner logo can be added for \$10 or \$13 (reflective paint).

Simply bring your favorite running clothes or casual wear into Bulldog and they will take care of the rest. Turnaround time is about a week!

Show your SRC Pride and get running in style and comfort!

Newport Annual 10 Miler

A group of SRC members plans to run Newport, RI 10 miler. It is a beautiful course; you first run along the ocean, through the mansions and you start/finish at Fort Adams. It's a very fast flat course. In addition to it being a great course Newport, RI has so much to offer. There are beautiful beaches, fancy mansions to tour, and great restaurants and bars.

Here is how to sign up:

Log onto <http://www.newport10miler.com/>

Join SRC Team

Team Name – Scores running club

Password – Scores2017

Enter your registration information



Reykjavik Marathon, Half-Marathon, 10k in Iceland in August 19th 2017

Ever wanted to run in Iceland?! Join a group of SRC members and run in Reykjavik, Iceland. There are many different options for which distance you would like to race marathon, half-marathon, 10k! More information to following in the coming months. Registration opens in January 2017. Check the link out below for more information about this race.

<http://marathon.is/reykjavik-marathon>

STRAVA

There are a handful of websites and mobile apps out there for runners. Many of you probably use one or more of them. All have their pros and cons and each of us have our own needs and wants. I'm going to discuss for a moment just one of those sites/apps, Strava.

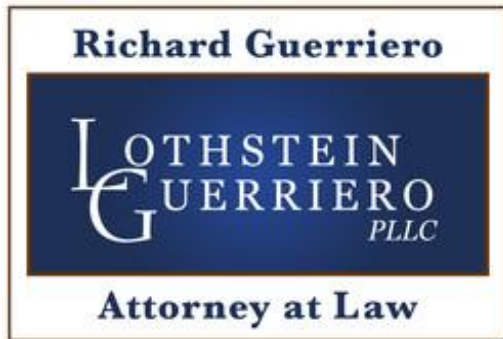
Strava lets you do many things, track your running with GPS, follow friends, share photos from your activities, join Challenges, and more. Like most sites, Strava is most useful if you run with a GPS watch. You can track all of your runs, rides, and other workouts too by either entering the data manually or uploading the activity data from your GPS enabled watch or your Android or iPhone. Scores Running Club has a presence on Strava for those of you who want to share your progress with other club members and want to cheer on your running buddies.

SRC Apparel Shop

Check out the online store, there is some **cool new running gear**. It includes items that are perfect for winter running and would make great holiday gifts. Check it out here: <https://scoresrunning.itemorder.com/sale>



SRC's Sponsors



THE
MAIN
STREET
AMERICA
GROUP



Scores Running Club

Email

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Theme Run Team & Social Media:

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Andrea Farnsworth

Larry Welkowitz

Kiertin Clark